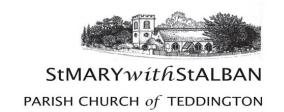
The Second Sunday before Lent

23rd February 2025



THE GATHERING

PROCESSIONAL HYMN (494)

1.I, the Lord of sea and sky, I have heard my people cry. All who dwell in dark and sin my hand will save.

I, who made the stars of night, I will make their darkness bright. Who will bear my light to them? Whom shall I send?

2.I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
give them hearts for love alone.
I will speak my word to them.
Whom shall I send?

Here I am, Lord. Is it I, Lord? I have heard you calling in the night. I will go, Lord, if you lead me. I will hold your people in my heart.

3.I, the Lord of wind and flame, I will tend the poor and lame. I will set a feast for them. My hand will save. Finest bread I will provide till their hearts be satisfied. I will give my life to them. Whom shall I send?

■ We meet in the name of Jesus Christ, who died and was raised to the glory of God the Father.

Grace and mercy be with you.

All and also with you.

The Children's Church leave for their worship

PRAYER OF PREPARATION

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord.

Amen.

SUMMARY OF THE LAW

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All Amen. Lord, have mercy.

PRAYERS OF PENITENCE

The gospel calls us to turn away from sin and be faithful to Christ. As we offer ourselves to him in penitence and faith, we renew our confidence and trust in his mercy.

All Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, Pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. Amen.

GLORIA IN EXCELSIS — The Addington Mass, Richard Shephard

All Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

THE COLLECT FOR THE WEEK The Collect is said after a short period of silence Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. **Amen**

THE LITURGY OF THE WORD

THE FIRST READING – Genesis 2.4b–9, 15–end, read by a member of the congregation In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground—then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The Lord God took the man and put him in the garden of Eden to till it and keep it. "And the Lord God commanded the man, 'You may freely eat of every tree of the garden; "but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his partner.' "So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. "The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. "So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. "And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. "Then the man said,"

'This at last is bone of my bones and flesh of my flesh; this one shall be called Woman, for out of Man this one was taken.'

²⁴Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. ²⁵And the man and his wife were both naked, and were not ashamed.

This is the word of the Lord,

THE SECOND READING – Revelation 4, read by the subdeacon

I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, 'Come up here, and I will show you what must take place after this.' At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and cornelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal.

Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing, 'Holy, holy,

the Lord God the Almighty,

who was and is and is to come.'

Pand whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, ™ the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and ever; they cast their crowns before the throne, singing,

"You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they existed and were created.' This is the word of the Lord,

All Thanks be to God

GRADUAL HYMN (621)

1.Dear Lord and Father of mankind, forgive our foolish ways; re-clothe us in our rightful mind, in purer lives thy service find, in deeper reverence praise.

2,In simple trust like theirs who heard, beside the Syrian sea, the gracious calling of the Lord, let us, like them, without a word rise up and follow thee.

3.O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

4.Drop thy still dews of quietness, till all our strivings cease; take from our souls the strain and stress, and let our ordered lives confess the beauty of thy peace.

5.Breathe through the heats of our desire thy coolness and thy balm; let sense be dumb, let flesh retire; speak through the earthquake, wind, and fire, O still small voice of calm.

GOSPEL READING - Luke 8.22–25

Alleluia, alleluia, alleluia.

I am the light of the world, says the Lord. Whoever follows me will never walk in darkness but will have the light of life.

Alleluia, alleluia, alleluia.

Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

One day he got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So they put out, ²³ and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. ²⁴ They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. ²⁵ He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

This is the Gospel of the Lord.

All Praise to you, O Christ.

THE SERMON

THE NICENE CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

In the power of the Spirit and in union with Christ, let us pray to the Father.

Lord in your mercy

Lord, hear us

All Hear our prayer

Lord, graciously hear us

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

or

Almighty God, you have promised to hear the prayers of those who ask in your Son's name; we pray that what we have asked faithfully we may obtain effectually; through Jesus Christ our Lord. **Amen**

THE LITURGY OF THE SACRAMENT

THE PEACE

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and builds up our common life.

The peace of the Lord be always with you

All and also with you.

Let us offer one another a sign of peace.

OFFERTORY HYMN (712)

1.Lord Jesus Christ,
you have come to us,
you are one with us,
Mary's Son;
cleansing our souls from all their sin,
pouring your love and goodness in;
Jesus, our love for you we sing,
living Lord.

2.Lord Jesus Christ,
now and every day,
teach us how to pray,
Son of God.
You have commanded us to do
this in remembrance, Lord, of you:
into our lives your power breaks through,
living Lord.

3.Lord Jesus Christ,
you have come to us,
born as one of us,
Mary's Son.
Led out to die on Calvary,
risen from death to set us free,
living Lord Jesus, help us see,
you are Lord.

4.Lord Jesus Christ,
I would come to you,
live my life for you,
Son of God.
All your commands I know are true,
your many gifts will make me new,
into my life your power breaks through,
living Lord.

Yours, Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is yours.

All things come from you, and of your own do we give you.

THE EUCHARISTIC PRAYER

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all things from the beginning and formed us in your own image. Through him you have freed us from the slavery of sin, giving him to be born of a woman and to die upon the cross; you raised him from the dead and exalted him to your right hand on high.

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession.

And now we give you thanks because you are the source of light and life; you made us in your image and called us to new life in him. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

All Holy, holy, holy Lord, God of power and might; heaven and earth are full of your glory. Hosanna in the highest.

■ Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit 4 these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Let us proclaim the mystery of faith:

All Christ has died: Christ is risen: Christ will come again.

Therefore, Lord and heavenly Father, in remembrance of the precious death and passion, the mighty resurrection and glorious ascension of your dear Son Jesus Christ, we offer you through him this our sacrifice of praise and thanksgiving.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

All Blessing and honour and glory and power be yours for ever and ever.

Amen.

THE LORD'S PRAYER

Trusting in the compassion of God, and as our Saviour taught us, so we pray:

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

All Though we are many, we are one body, because we all share in one bread.

AGNUS DEI

Lamb of God, you take away the sins of the world; have mercy on us. Lamb of God, you take away the sins of the world; have mercy on us Lamb of God you take away the sins of the world; grant us peace.

GIVING OF COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Everyone is welcome to come forward for Holy Communion or a blessing.

PRAYER AFTER COMMUNION

God our creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church: may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord. **Amen**

All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Notices are given and Children's Church share their worship

SENDING OUT

POST-COMMUNION HYMN (588)

1.And can it be that I should gain an interest in the Saviour's blood?
Died he for me, who caused his pain?
For me, who him to death pursued?
Amazing love! How can it be that thou, my God, shouldst die for me?

2.'Tis mystery all: the Immortal dies! Who can explore his strange design? In vain the first-born seraph tries to sound the depths of love divine. 'Tis mercy all! Let earth adore, let angel minds enquire no more.

3.He left his Father's throne above — so free, so infinite his grace — emptied himself of all but love, and bled for Adam's helpless race. 'Tis mercy all, immense and free; for, O my God, it found out me!

4.Long my imprisoned spirit lay fast bound in sin and nature's night; thine eye diffused a quickening ray; I woke, the dungeon flamed with light; my chains fell off, my heart was free, I rose, went forth, and followed thee.

5.No condemnation now I dread;
Jesus, and all in him, is mine!
Alive in him, my living Head,
and clothed in righteousness divine,
bold I approach the eternal throne,
and claim the crown, through Christ, my own.

THE BLESSING

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, ♣ the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen

The ministers and people depart.

NOTICES

Full Electoral Roll Revision for 2025.

Please complete and return your new form by 19th March.

You can do this online using the QR code or the paper form in this booklet, or there will be a supply in church.

Churches are required to create and maintain a list of members, known as the Electoral Roll. The roll is the only way that we can measure our membership and has a direct impact on the scale of our representation on local or diocesan councils. Every six years, all previous roll information has to be deleted. This means that this year **everyone**, even if you have been on the roll before, has to complete a new form. As a member you can

- · vote in Annual Church Meetings and
- become members of the Parochial Church Council
- For members with children who are approaching applications for school admissions, the Electoral Roll will be the mechanism by which we will qualify your association with the parish. School Supplementary Forms will only be signed, therefore, for one or more parent listed on the Electoral Roll.

Each qualifying member of your family should complete their own form. If you need help with the digital or paper form, please do not hesitate to ask Father David, Jennifer our Electoral Roll Officer, or the staff in the parish office.

Tricia Rawson

Tricia died recently, and was a long standing member of the parish who was very involved with the Baptism families amongst other things. Her Thanksgiving Service in church will be on Friday 14 March at 2.30pm.

Lydia Spurrier

Lydia's Funeral Service will be in church on Thursday 13th March at 12noon.

Please return any palm crosses to the entrance of the church. Ash Wednesday Wednesday 9.30am Said Eucharist and Imposition of Ashes 5th March 7.30pm Sung Eucharist and Imposition of Ashes **Lent Course –** Wed am You are invited to the 2025 Lent Course exploring Mina The Blessed of the the Beatitudes. Use the relevant QR code to sign up Hogan Lord either Wednesdays 12th March to 9th April 11.00am - 12.30pm in the Mina Hogan Room. Or the new Home home groups which will run the identical sessions. group Use the QR code to book or call the Parish Office. Lent Lunch for Come along for a simple homemade meal. Bring a Welcare friend. You will be asked to donate what you can for your lunch with a range of local preserves on sale Lent 12noon Lunch Sunday 23rd March too. Welcare is a local charity helping disadvantaged families. Book via QR code. **Lent Appeal** This year's appeal is for our Pemba who have suffered two cyclones in addition to the insurgency. Lent Appeal Follow the QR code to donate and make a difference. Thank you. **ALMA Link** Our link with the parish of Pemba in Mozambique is a very important part of our international mission and our contribution is overseen and managed by a small group of us. We seek new members to join the group so that we can maximise this opportunity and partnership with another Christian community. If you are interested, please speak to Fr David or Suzie Gordon. Coming up this week Community Café 1.30-4.30pm Peter & Paul Centre Monday Tuesday Parish Social: 10.30am Shambles Restaurant Parish Plod: 9.30am Beginning the Middlesex Greenway. Saturday

If you would like to make a donation to the church, thank you. Use the QR code or Text 'SMWSA give' to 07380 307800 and follow the instructions. If you would like to give to Building Anew, thank you. Please use this QR code







Vicar The Rev'd David Cloake 07729 944769 vicar@teddingtonparish.org
Parish Office open T, W, F. 10am-2.00pm:
020 8943 2262 enquiries@teddingtonparish.org

Application for Enrolment on the Church Electoral Roll of the Parish of:



St Mary with St Alban, Teddington

PLEASE SCAN THIS QR CODE TO APPLY TO JOIN THE ELECTORAL ROLL SECURELY ONLINE Thank you.



- or - or	use this form to complete by hand and pass to clergy/parish office	
Full N	Name	
Prefe	erred title (if any)	
Posta	al Address	
Posto	code	
Emai	l address (optional)	
I dec	clare that	
1	I am baptised, am a lay person and am aged 16 or over (or become 16* on)
2A	I am a member of the Church of England or of a Church in communion with the Church of England and am resident in the parish.	
OR 2B	I am a member of the Church of England or of a Church in communion with the Church of England, am not resident in the parish, [but have habitually attended public worship in the parish during the preceding six months] [and would have habitually attended public worship in the parish during the preceding six months but was prevented from doing so because	
].	
OR	I am a member in good standing of a Church which is not in communion with the Church of England but subscribes to the doctrine of the Holy	Ш
2C	Trinity, am also a member of the Church of England [and have habitually attended public worship in the parish during the preceding six months] [and would have habitually attended public worship in the parish during the preceding six months but was prevented from doing so because	
Elect	clare that the above answers are true and I apply for inclusion on the Ch toral Roll of the parish.	urcl

^{*} A person who is going to become 16 during the next 12 months may complete this Form and will then be eligible to have his or her name entered on the Roll on his or her 16th birthday.

Notes: PTO for Application form:

General matters

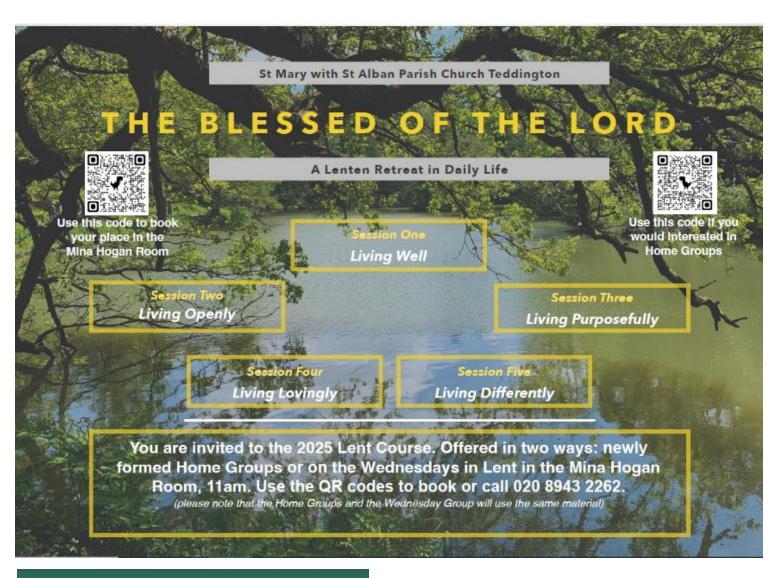
- 1. The only Churches at present in communion with the Church of England are other Anglican Churches and certain foreign Churches, as listed in the Supplementary Material to the Canons.
- 2. Membership of the electoral roll is also open to members in good standing of a Church not in communion with the Church of England which subscribes to the doctrine of the Holy Trinity where those members are also prepared to declare themselves to be members of the Church of England.
- 3. Every six years a new roll is prepared and those on the previous roll are informed so that they can reapply.
 - Tick only one of 2A, 2B and 2C. If ticking 2B or 2C, delete either the first set of words in square brackets or the second set as applicable. If you are not resident in the parish but were on the roll as a habitual worshipper and have been prevented by illness or other sufficient cause from worshipping for the past six months, at the end of the second set of words in square brackets, briefly state the reason for not having worshipped as mentioned.
- 4. If you have any problems with this Form, please approach the clergy or lay people responsible for the parish, who will be pleased to help you.
- 5. In this Form 'parish' means ecclesiastical parish.

Use of email addresses and other personal data

- 6. You do not have to provide an email address on this Form. If you do provide one, the Parochial Church Council and the electoral roll officer are entitled to use that email address to communicate with you in connection with the maintenance or revision of the Roll or the preparation of a new Roll or with elections to or membership of the Council.
- 7. The Church Representation Rules impose certain requirements for your name and address to be given to a third party, such as the diocesan electoral registration officer, in connection with elections to or membership of a deanery synod, diocesan synod or the House of Laity of the General Synod. If you provide an email address on this Form, it will be given to the third party along with your postal address.
- 8. A third party to whom your name and address have been given under the Church Representation Rules is in certain cases required by the Rules to pass them on to another person, such as the presiding officer in a synodical election. If you provide an email address on this Form, that email address will be given to the other person along with your postal address.
- 9. Any person to whom your email address or other personal data is given under the Church Representation Rules is required by those Rules to hold the data securely. Furthermore, if you do provide an email address on this Form, that does not give anybody the right to use it for any purpose other than those permitted by the Rules; so it cannot, for example, be used for social matters or fundraising.
- 10. The roll is published after each annual revision and after the preparation of a new roll. The published roll will include your name (as well as the name of every other person on the roll) but none of your other personal data (as defined by the Data Protection Act 2018) will be made public as a result of your inclusion on the roll.

Please find the parish's Privacy Notice relating to the processing of personal data governed by the General Data Protection Regulations (GDPR) for St Mary with St Alban on the

website: www.teddingtonparish.org/privacy-policy/



Donate to Pemba today and make a difference



Lent Appeal 2025

Two cyclones and the insurgency have led to many losing everything.
Please support them.

St Mary with St Alban Church www.teddingtonparish.org

ASH WEDNESDAY



09:00 | 19:30

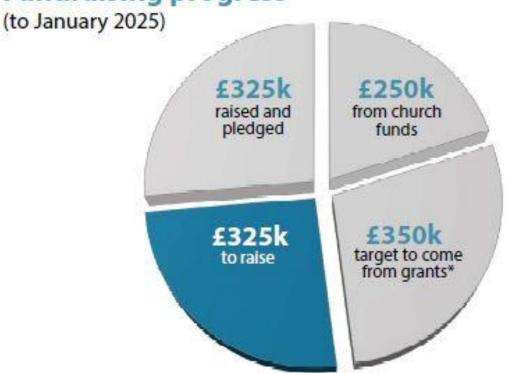
Said Eucharist Imposition of Ashes Sung Eucharist Imposition of Ashes

Wednesday 5 March

www.teddingtonparish.org

St Mary with St Alban Church Building Project Update

Fundraising progress



*identified by fundraising consultant

Coming up in 2025

- ★ Vicar's parachute jump
- ★ Promises auction
- ★ More fundraising fun

Next steps

- * Finalise design details
- ★ Submit grant applications
- * Expand fundraising activities
- ★ Launch contractor tender process
- * Appoint main contractor
- * Agree work programme
- * Begin building!

