

The Third Sunday of Lent

23rd March 2025



StMARY *with* StALBAN

PARISH CHURCH of TEDDINGTON

THE GATHERING

PROCESSIONAL HYMN (772)

1. Rock of ages, cleft for me,
let me hide myself in thee;
let the water and the blood,
from thy riven side which flowed,
be of sin the double cure:
cleanse me from its guilt and power.

3. Nothing in my hand I bring,
simply to thy cross I cling;
naked, come to thee for dress;
helpless, look to thee for grace;
foul, I to the fountain fly;
wash me, Saviour, or I die.

2. Not the labours of my hands
can fulfil thy law's demands;
could my zeal no respite know,
could my tears for ever flow,
all for sin could not atone:
thou must save, and thou alone.

4. While I draw this fleeting breath,
when my eyelids close in death,
when I soar through tracts unknown,
see thee on thy judgement throne;
Rock of ages, cleft for me,
let me hide myself in thee.

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

The Lord be with you.

All and also with you.

The Children's Church leave for their worship.

PRAYER OF PREPARATION

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

PRAYERS OF PENITENCE

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All Amen. Lord, have mercy.

The sacrifice of God is a broken spirit; a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All Amen.

KYRIE ELEISON – *Setting by John Merbecke*

Lord, have mercy upon us. *(sung three times)*

Christ, have mercy upon us. *(sung three times)*

Lord, have mercy upon us. *(sung three times)*

THE COLLECT FOR LENT *The Collects are said after a short period of silence*

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE COLLECT FOR THE WEEK

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

THE FIRST READING – *Isaiah 55.1–9, read by a member of the congregation*

Ho, everyone who thirsts,
come to the waters;

and you that have no money,
come, buy and eat!

Come, buy wine and milk
without money and without price.

² Why do you spend your money for that which is not bread,
and your labour for that which does not satisfy?

Listen carefully to me, and eat what is good,
and delight yourselves in rich food.

³ Incline your ear, and come to me;
listen, so that you may live.

I will make with you an everlasting covenant,
my steadfast, sure love for David.

⁴ See, I made him a witness to the peoples,
a leader and commander for the peoples.

⁵ See, you shall call nations that you do not know,
and nations that do not know you shall run to you,
because of the Lord your God, the Holy One of Israel,
for he has glorified you.

⁶ Seek the Lord while he may be found,
call upon him while he is near;

⁷ let the wicked forsake their way,
and the unrighteous their thoughts;

let them return to the Lord, that he may have mercy on them,
and to our God, for he will abundantly pardon.

⁸ For my thoughts are not your thoughts,
nor are your ways my ways, says the Lord.
⁹ For as the heavens are higher than the earth,
so are my ways higher than your ways
and my thoughts than your thoughts.
This is the word of the Lord,

All Thanks be to God

THE PSALMODY – *Psalm 63.1–9*

- 1 O God, you are my God; eagerly I seek you; ♦
my soul is athirst for you.
- 2 **My flesh also faints for you, ♦
as in a dry and thirsty land where there is no water.**
- 3 So would I gaze upon you in your holy place, ♦
that I might behold your power and your glory.
- 4 **Your loving-kindness is better than life itself ♦
and so my lips shall praise you.**
- 5 I will bless you as long as I live ♦
and lift up my hands in your name.
- 6 **My soul shall be satisfied, as with marrow and fatness, ♦
and my mouth shall praise you with joyful lips,**
- 7 When I remember you upon my bed ♦
and meditate on you in the watches of the night.
- 8 **For you have been my helper ♦
and under the shadow of your wings will I rejoice.**
- 9 My soul clings to you; ♦
your right hand shall hold me fast.

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

THE SECOND READING – *1 Corinthians 10.1–13, read by the subdeacon*

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, ²and all were baptized into Moses in the cloud and in the sea, ³and all ate the same spiritual food,⁴and all drank the same spiritual drink. For they drank from

the spiritual rock that followed them, and the rock was Christ. ⁵Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. ⁷Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' ⁸We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. ⁹We must not put Christ to the test, as some of them did, and were destroyed by serpents. ¹⁰And do not complain as some of them did and were destroyed by the destroyer. ¹¹These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. ¹²So if you think you are standing, watch out that you do not fall. ¹³No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

This is the word of the Lord,

All Thanks be to God

THE GOSPEL READING – *Luke 13.1–9*

Praise to you, O Christ, King of eternal glory. The Lord is a great God,
O that today you would listen to his voice. Harden not your hearts

All Praise to you, O Christ, King of eternal glory.

✠ Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

There were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. ²He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? ³No, I tell you; but unless you repent, you will all perish as they did. ⁴Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? ⁵No, I tell you; but unless you repent, you will all perish just as they did.'

Then he told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. ⁷So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?" ⁸He

replied, “Sir, let it alone for one more year, until I dig round it and put manure on it. ⁹If it bears fruit next year, well and good; but if not, you can cut it down.”’

This is the Gospel of the Lord.

All Praise to you, O Christ.

THE SERMON

THE NICENE CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF INTERCESSION

We pray to the Lord for courage to give up other things and to give ourselves to him this Lent.

Lord in your mercy

or

Lord, hear us

All Hear our prayer

Lord, graciously hear us

Merciful Father,

All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Be with us, Lord, in all our prayers, and direct our way toward the attainment of salvation, that among the changes and chances of this mortal life, we may always be defended by your gracious help; through Jesus Christ our Lord.

Amen

THE LITURGY OF THE SACRAMENT

THE PEACE

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you

All **and also with you.**

Let us offer one another a sign of peace.

OFFERTORY HYMN ⁽⁴⁵¹⁾

1. Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

2. Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.

3. Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.

4. Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

5. Just as I am, thy love unknown
has broken every barrier down;
now to be thine, yea, thine alone,
O Lamb of God, I come.

6. Just as I am, of that free love
the breadth, length, depth, and
height to prove,
here for a season, then above,
O Lamb of God, I come.

God of mercy and compassion, your Word calls us home to faith and love.
Accept all we offer you this day; in the name of Jesus Christ the Lord. **Amen**

THE EUCHARISTIC PRAYER

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ our Lord.

And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery with mind and heart renewed.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

All Holy, holy, holy Lord God of hosts; heaven and earth are full of thy glory. Glory be to thee, O Lord most high.

✠ Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

Or, if said:

All Holy, holy, holy Lord; God of power and might. Heaven and earth are full of your glory. Hosanna in the highest!

✠ Blessed is he who comes in the name of the Lord. Hosanna, in the highest!

All glory be to you, our heavenly Father, who, in your tender mercy, gave your only Son our Saviour Jesus Christ to suffer death upon the cross for our redemption; who made there by his one oblation of himself once offered a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; he instituted, and in his holy gospel commanded us to continue, a perpetual memory of his precious death until he comes again.

Hear us, merciful Father, we humbly pray, and grant that, by the power of your Holy Spirit ✠, we receiving these gifts of your creation, this bread and this wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: *Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: *Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.*

Let us proclaim the mystery of faith:

All Christ has died: Christ is risen: Christ will come again.

Therefore, Lord and heavenly Father, in remembrance of the precious death and passion, the mighty resurrection and glorious ascension of your dear Son Jesus Christ, we offer you through him this our sacrifice of praise and thanksgiving.

Grant that by his merits and death, and through faith in his blood, we and all your Church may receive forgiveness of our sins and all other benefits of his passion.

Although we are unworthy, through our manifold sins, to offer you any sacrifice, yet we pray that you will accept this the duty and service that we owe. Do not weigh our merits, but pardon our offences, and fill us all who share in this holy communion with your grace and heavenly blessing;

through Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All Amen.

THE LORD'S PRAYER

Standing at the foot of the cross, and as our Saviour taught us, so we pray:

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.

Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

THE BREAKING OF THE BREAD

Every time we eat this bread and drink this cup,

All we proclaim the Lord's death until he comes.

AGNUS DEI

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.

GIVING OF COMMUNION

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All **Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

Everyone is welcome to come forward for the Eucharist or a blessing.

PRAYER AFTER COMMUNION

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen.**

All **Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

The Notices are given, and Children's Church share their worship

SENDING OUT

POST-COMMUNION HYMN (592)

1. As the deer pants for the water,
so my soul longs after you.
You alone are my heart's desire
and I long to worship you.
*You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.*

2.I want you more than gold or silver,
only you can satisfy.
You alone are the real joy-giver
and the apple of my eye.

3.You're my Friend and you're my Brother,
even though you are a king.
I love you more than any other,
so much more than anything.

THE BLESSING

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**



Go in peace to love and serve the Lord.

All **In the name of Christ. Amen**

The ministers and people depart.

If you would like to make a donation to the church, thank you. Use the QR code or Text 'SMWSA give' to 07380 307800 and follow the instructions.

If you would like to give to Building Anew, thank you. Please use this QR code






We'd love to keep in touch! Scan the QR Code and we'll email you a copy of the Teddington Parish Newsletter each month.







NOTICES:

<p>Our intrepid Father David is taking to the skies!</p>	<p>On Friday 30 May, inspired by the wonder of Ascension Father David will travel to in Kent, climb to a height of 12,000 ft and jump out of a perfectly functioning plane. All for Building Anew. Please support him by giving what you can via the QR code.</p>	<div><div>Parachute Jump</div><div></div></div>
<p>Lent Lunch Today at 12noon Lent Course – The Blessed of the Lord</p>	<p>All are welcome today, come along for a simple homemade meal. You will be asked to donate what you can for your lunch with a range of local Welcare is a local charity helping disadvantaged families.</p> <p>You are still welcome to come along on the day to the 2025 Lent Course exploring The Beatitudes. The third session on Wednesday is titled Living Differently in the Mina Hogan Room at 11.00am-12.30pm.</p>	

Lent Appeal	<p>This year's appeal is for our linked Pemba parish who have suffered two cyclones in addition to the insurgency. It is right to support them, please commit to Pemba if you can. Follow the QR code to donate and make a difference. Thank you.</p>	<div>Lent Appeal</div> 
<p>Annual Parochial Church Meeting APCM 6th April after 10.00am service</p> <p>Being a Parish Trustee Your parish needs YOU!</p>	<p>At this meeting in the Parish Hall after the 10.00am service, we receive the PCC's Annual Report, form the new PCC and consider the year recently ended. All are welcome (and encouraged) to come along but only those entered on the new Electoral Roll can vote in the PCC elections.</p> <p>The parish is also a charity - and needs trustees to manage its business. Our new Parochial Church Council will be elected at the APCM. If you would like more information please speak to Father David or the Hon PCC Secretary, Nick de Mattos PCCSecretary@teddingtonparish.org, for further information. You must be 16+ and need no particular experience.</p>	
<p>Real Easter Eggs On sale</p>	<p>These eggs will be on sale after both 9.00am and 10.00am services. They include a 24 page Easter Story activity book. Each egg is £5.50</p>	
<p>Social Media</p>  <p><u>Ask the Vicar</u></p>	<p>Though the vast majority of our social media views are not from our followers, we do have some interesting new followers on Instagram from different churches around the UK. Do take a look.</p> <p>Fr David will be tackling the questions from the 9.00am service this week on social media. These are mostly from 3-7 year olds so there should be some interesting ones. The box remains at the back of church so do take your opportunity to add your question.</p>	
<p>Embracing Age Poetry Competition</p>	<p>Please see the poster at the back of church for this poetry competition Faith in Ageing open to anyone over 50.</p>	
<p>Vintage Valuation Day in Parish Hall 3rd April 1.15-5.15pm</p>	<p>run by Tom Baker 7 Co Roadshow free valuations • no fees • no commissions. Cash paid. No appointment necessary. Follow the QR code for more information about the company.</p>	
<p><u>Monday</u> <u>Tuesday</u> <u>Wednesday</u></p>	<p><u>Coming up this week</u> Community Café 1.30pm-4.30pm Peter & Paul Centre Pub Social: coffee 10.30am Shambles Lent course 11.00am Mina Hogan Room</p>	

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